

The Sudbury Area Sub-Committees and The Sudbury Area Service Committee Meet on the last Saturday of the month at Ukranian National Federation— 130 Froot Road, Sudbury. Upstairs- All Welcome.

10:00am— Activities: cancelled

10:00am— Speaker Jam: cancelled

11:00am- Public Relations :
cancelled

12:00pm- Literature: cancelled

12:00pm- Campout : cancelled

1:15pm - Area Service Committee Meeting: (Upstairs)

To find out more information or/and contact any of our Sub Committees or Area trusted servants please feel free to go to www.sudburyareana.com and click on “Contact Us” on the left side of page, there you will be redirected to where you can send an email and someone will get back to you.

Who We Are

Anyone who wants to stop using drugs may become a member of Narcotics Anonymous. (NA).

Membership is not limited to addicts using any particular drug. Those that feel they may have a problem with drugs, legal or illegal including alcohol, are welcome in NA. Recovery in NA focuses on the problem of addiction, not any particular drug.

What We Are

Narcotics Anonymous is a non-profit, international, community-based organization for recovering addicts.

Narcotics Anonymous members learn from one another how to live drug free and recover from the effects of addiction in their lives.

Where We Are

Most NA meetings are regularly held at the same time and place each week, usually in a public place.

NA meetings are formally structured. The function of the meeting is always the same, to provide a suitable and reliable environment for recovery.

TELL YOURSELF:

JUST FOR TODAY my thoughts will be on my recovery, living and enjoying life without the use of drugs.

JUST FOR TODAY I will have faith in someone in NA who believes in me and wants to help me in my recovery.

JUST FOR TODAY I will have a program. I will try to follow it to the best of my ability.

JUST FOR TODAY, through NA, I will try to get a better perspective on my life.

JUST FOR TODAY I will be unafraid. My thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

Meetings vary widely in format. Some formats are: participation, speaker, question and answer, topic discussion, and some have a combination of these formats. The function of any meeting is always the same: to provide a suitable and reliable environment for personal recovery.

There are two basic types of meetings, those which are open to the public, and those which are closed to the public (for addicts only).

Sudbury Area Of Narcotics Anonymous Meeting List

May 2021

1-888-811-3887

Please go to www.sudburyareana.com
Status of meetings changing often due to Covid-19 Restrictions



LEGEND

OLCS– Open Living Clean -The Journey Continues Study

OD- Open Discussion

CD- Closed Discussion

Q&ACD– Closed Question and Answer

CSG– Closed Step Guide

CBT- Closed Basic Text Study

OBT– Open Basic Text Study

OTD- Open Topic Discussion

OIWH&WS– Open Discussion/It Works How & Why Study

ODGPS– Open Discussion The Guiding Principles Study

OJFT– Open Just For Today

OLC– Open Living Clean -The Journey Continues

Monday

Guiding Principles of NA Group

7:45pm ODGPS– Closed until further notice

No meeting place at this time

Monday

Circle Of Friends Group

Ukrainian National Federation

130 Froot Road, Sudbury - Upstairs

7:30pm OBT –Closed until further notice

Tuesday

Espanola Northern Lights Group

Espanola United Church

137 Sheppard Street, Espanola Downstairs

7:30PM OTD Meeting is open (10 people max)

Tuesday

Pathway To Peace Group

St. James In The Valley United Church

4510 Tate Blvd, Val Therese Downstairs

7:30pm OLCS Meeting is open (10 people max)

Wednesday

Step Ahead Group

7:30pm CSG Closed until further notice

No meeting place at this time

Thursday

Thursday Night Message of Recovery Group

Ukrainian National Federation

130 Froot Road, Sudbury - Upstairs

7:30pm OTD - Meeting is open (10 people max)

Friday

Friday Freedom Group

Ukrainian National Federation

130 Froot Road, Sudbury - Upstairs

7:30pm OLC– Closed until further notice

Friday

Espanola Northern Lights Group

Espanola United Church

137 Sheppard Street, Espanola Downstairs

7:00PM OTD -Meeting is open (10 people max)

Saturday

Saturday Night Alive Group

Ukrainian National Federation

130 Froot Road, Sudbury - Upstairs

7:30pm OTD– Meeting is open (10 people max)

Saturday

Espanola Northern Lights Group

Espanola United Church

137 Sheppard Street, Espanola Downstairs

7:30PM OIWH&W—Meeting is open (10 people max)

Sunday

Just For Tonight Group

Ukrainian National Federation

130 Froot Road, Sudbury - Upstairs

7:00pm OJFT - Meeting is open (10 people max)

Get Phone Numbers

“We never have to use again, Just for today!!!”
 “Keep Coming Back you are worth it!!!”
 “Welcome, you need not be alone !!!”