

The Sudbury Area Sub-Committees and The Sudbury Area Service Committee Meet on the last Saturday of the month at Grace Family Church- 426 Burton Avenue, Sudbury. All Welcome.

10:00am- Activities: (Downstairs)

10:00am- Speaker Jam: (Downstairs)

11:00am- Public Relations : (Downstairs)

12:00pm- Literature: (Downstairs)

12:00pm- Campout : (Downstairs)

1:15pm - Area Service Committee Meeting: (Downstairs)

To find out more information or/and contact any of our Sub Committees or Area trusted servants please feel free to go to www.sudburyareana.com and click on "Contact Us" on the left side of page, there you will be redirected to where you can send an email and someone will get back to you.

Who We Are

Anyone who wants to stop using drugs may become a member of Narcotics Anonymous. (NA).

Membership is not limited to addicts using any particular drug. Those that feel they may have a problem with drugs, legal or illegal including alcohol, are welcome in NA. Recovery in NA focuses on the problem of addiction, not any particular drug.

What We Are

Narcotics Anonymous is a non-profit, international, community-based organization for recovering addicts.

Narcotics Anonymous members learn from one another how to live drug free and recover from the effects of addiction in their lives.

Where We Are

Most NA meetings are regularly held at the same time and place each week, usually in a public place.

NA meetings are formally structured. The function of the meeting is always the same, to provide a suitable and reliable environment for recovery.

TELL YOURSELF:

JUST FOR TODAY my thoughts will be on my recovery, living and enjoying life without the use of drugs.

JUST FOR TODAY I will have faith in someone in NA who believes in me and wants to help me in my recovery.

JUST FOR TODAY I will have a program. I will try to follow it to the best of my ability.

JUST FOR TODAY, through NA, I will try to get a better perspective on my life.

JUST FOR TODAY I will be unafraid. My thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

Meetings vary widely in format. Some formats are: participation, speaker, question and answer, topic discussion, and some have a combination of these formats. The function of any meeting is always the same: to provide a suitable and reliable environment for personal recovery.

There are two basic types of meetings, those which are open to the public, and those which are closed to the public (for addicts only).

Sudbury Area Of Narcotics Anonymous Meeting List

March 2019

1-888-811-3887

Please visit: www.sudburyareana.com



