

The Sudbury Area
Sub-Committees and The
Sudbury Area Service Committee
Meet on the last Saturday of the
month at Grace Family Church-
426 Burton Avenue, Sudbury.

****Speaker Jam Sub-Committee will
be meeting in October 2018****

****Activities Sub-Committee meetings
will be meeting in October 2018.****

****Roaving Ad-Hoc Sub-Committee
Meetings will be scheduled and
posted on Event Calendar Section of
our webpage as well as be
announced at local meetings.****

11:00am– Public Relations: (Downstairs)

12:00am- Literature: (Downstairs)

12:00pm- Campout : (Downstairs)

1:15pm to 4:00pm- Area Service Committee
Meeting: (Downstairs)

Who We Are

Anyone who wants to stop using
drugs may become a member of
Narcotics Anonymous. (NA).

Membership is not limited
to addicts using any particular
drug. Those that feel they may
have a problem with drugs, legal
or illegal including alcohol, are
welcome in NA. Recovery in NA
focuses on the problem of addic-
tion, not any particular drug.

What We Are

Narcotics Anonymous is a non-
profit, international, community-
based organization for recover-
ing addicts.

Narcotics Anonymous members
learn from one another how to
live drug free and recover from
the effects of addiction in their
lives.

Where We Are

Most NA meetings are regularly
held at the same time and place
each week, usually in a public
place. There are two basic types
of meetings, those which are
open to the public, and those
which are closed to the public
(for addicts only).

NA meetings are formally struc-
tured. The function of the meet-
ing is always the same, to pro-
vide a suitable and reliable envi-
ronment for recovery.

TELL YOURSELF:

JUST FOR TODAY my thoughts will be on
my recovery, living and enjoying life with-
out the use of drugs.

JUST FOR TODAY I will have faith in
someone in NA who believes in me and
wants to help me in my recovery.

JUST FOR TODAY I will have a program. I
will try to follow it to the best of my ability.

JUST FOR TODAY, through NA, I will try
to get a better perspective on my life.

JUST FOR TODAY I will be unafraid. My
thoughts will be on my new associations,
people who are not using and who have
found a new way of life. So long as I follow
that way, I have nothing to fear.

NA meetings are held regularly at
the same time and place each week,
usually in a public facility. There
are two basic types of meetings-
(Open) those that are open to the
general public and (Closed) for ad-
dicts only or those who think they
may have a problem with the dis-
ease of Addiction and closed to the
public.

Meetings vary widely in format.
Some formats are: participation,
speaker, question and answer, topic
discussion, and some have a combi-
nation of these formats. The func-
tion of any meeting is always the
same: to provide a suitable and reli-
able environment for personal re-
covery.

Sudbury Area Of Narcotics Anonymous Meeting List

May 2018

1-888-811-3887

Please visit: www.sudburyareana.com
or email us at

pr@sudburyareana.com

area@sudburyareana.com



LEGEND

OLC– Open Living Clean The Journey
Continues Study

OD- Open Discussion

CD- Closed Discussion

Q&A- Question and Answer

CSG– Closed Step Guide

CBT- Closed Basic Text Study

OBT– Open Basic Text Study

OTD- Open Topic Discussion

CTD- Closed Topic Discussion

OIWH&W– Open Discussion/It
Works How & Why Study

Monday

Circle Of Friends Group
Sudbury Mental Health

336 Pine Street, Sudbury (Back)

7:30pm to 9:00pm OBT

Tuesday

Espanola Northern Lights Group

Espanola United Church

137 Sheppard Street, Espanola

7:30PM to 9:00PM OTD

Tuesday

Pathway To Peace Group

St. James In The Valley United Church

4510 Tate Blvd, Val Therese

7:30pm to 9:00pm OLC

Wednesday

Step Ahead Group

Queen Elizabeth School

32 Dell Street, Sudbury

7:30pm to 8:45pm CSG

Thursday

The Basic Blues Group

Sudbury Mental Health

336 Pine Street, Sudbury (Back)

7:30pm to 9:00pm Q&A CD

Thursday

The Journey Continues Group

The Samaritan Center

344 Elgin Street, Sudbury (Upstairs)

12:30pm to 2:00pm

OD

Friday

Freedom Group

Salvation Army Center

146 Larch Street, Sudbury

8:00pm to 9:15pm

OIWH&W **Ages 18 + Only

Saturday

Saturday Night Alive Group

Sudbury Mental Health

336 Pine Street, Sudbury (Back)

Speaker Meeting Last Saturday Monthly

7:30pm to 9:00pm OTD

Saturday

Espanola Northern Lights Group

Espanola United Church

137 Sheppard Street, Espanola

7:30PM to 9:00PM OIWH&W

Sunday

Just For Tonight Group

Grace Family Church

426 Burton Avenue, Sudbury

7:30pm to 8:45pm OD

Get Phone Numbers

“We never have to use again, Just for today!!!”

“Keep Coming Back you are worth it!!!”

“Welcome, you need not be alone !!!!”